

The Guardian Newspaper Praise Hendon's support for Mental Health

Simon Burton, writing in the Guardian newspaper heaped praise on Hendon's offer of support to people suffering from depression, loneliness or anything similar. The offer of help (which continues throughout this season) is an invitation from club chairman Simon Lawrence to contact him and he arrange free entry into one of the club's games, as highlighted on the front page of our last Newsletter. Simon Burton gave examples of Tottenham's new stadium and the proposed rebuild of Chelsea's Stamford Bridge being designed to "allow them to attract fans in sufficient numbers and to charge sufficient prices to allow them to compete with the Premier League's other giants without the endless assistance of friendly bottomless-pocketed oligarchs".

He went on to add "The focus on cash over community is understandable, and probably essential, at the highest level further down the pyramid, and particularly for a club such as Hendon, those priorities are not so much reversed as totally intertwined. Hendon's unusual offer may

be intended to assist individuals and to cement their place in their community but it was born of tragedy. Last November Dermot Drummy, one of the club's greatest and best-loved players took his own life."

It all pointed to Hendon's mental health initiative being a shining example to some of the bigger clubs and that our community values are something that should be adopted by clubs up and down the country.

If you or someone you know are suffering from depression or loneliness email the Hendon chairman Simon Lawrence at simon.hendon@btinternet.com and he will make arrangements for you/them to receive free admission to one of the clubs league games this season. There are organisations out there who you can call upon should you be going through tough times. You can call the Samaritans on 116 123, free of charge from any phone at any time, and you can check out their website as well - <https://www.samaritans.org/>. Also there is MIND, who are a mental health charity, who on the front page of their website state that they will not give up until everyone experiencing a mental health problem gets support and respect. Their website is at <https://www.mind.org.uk> and is full of helpful information.



Proud to be serving the Community

Community Football Project win major award

Our Community football sessions, supported by SJP, Wembley National Stadium Trust and Mental Health Services in Brent has been named Middlesex FA Community Project of the Year. This is a great reward for Richard Hay and all those who have been involved with this project which only commenced little over a year ago and continues to go from strength to strength.

Greg Clarke, chairman of The FA, said "It's been fantastic to see a record number of nominations for this year's Grassroots Football Awards and hear so many stories of dedication and commitment throughout the grassroots game. The selection of winners chosen alongside Middlesex FA represents the diverse nature of football in this country and I would like to congratulate each and every one for their inspirational work."

Leigh O'Connor, Chief Executive of Middlesex FA, said: "We had a fantastic range of nominees, and firstly a massive well done to all of them. Our winners have shown a commitment to grassroots sport throughout the year and beyond that which makes a huge difference to the Middlesex football community. I would personally like to thank them for all their hard work."

This season the group will play in a League, quite a departure from what they have been used to. It represents a new challenge to them and another huge step in the right direction for them. When not playing league games the regular football sessions will continue.



All change signals a new era at Hendon FC

Having missed out on promotion last season by the narrowest of margins Hendon started the new season with a new manager, completely new backroom staff, virtually a new team and a new league!

Offered the opportunity to manage at a higher level, long serving Gary McCann departed taking all his staff and many of the players with him. All the other players were soon to depart, the majority joining clubs at a higher level.

James Gray (left) was appointed manager and his first task was to find coaching and medical staff to work alongside him and a completely new team. This he did extremely well within a very limited timescale.

It is very difficult for any manager to follow someone who has been at a club for so long, in Gary's case just over 13 season's, and even more difficult when everyone else departed but to James's credit his quickly assembled squad opened the season with a 1-1 draw in Somerset followed by a two successive wins here at Silver Jubilee Park.

United front on litter

On Saturday 30 June and braving the sweltering temperatures members of the Silver Jubilee Park Residents Association along with SJP staff members and representatives from both Hendon FC and Edgware Town FC joined forces for our second annual 'Clean up' of the park.

If formed part of a 'Community Fun Day' in the football ground which included a penalty shoot-out for adults, a tombola, cake stall, refreshments, and the showing of World Cup football in the clubhouse. Those attending the Fun Day included

Cllr. Mohammed Butt Leader of Brent Council and Cllrs. Amer Agha and Harbi Farah all of whom shown great support for the Community work currently being undertaken here and pledge their support for future events.

Members of the Tanglewood Club unveil their board at SJP

Tanglewood, Kick It Out and CAD Brent and the first to be given complimentary advertising space at the side of the pitch. Generously donated by SJP's Rob Morris, the boards are in recognition of the excellent work each of those groups do in their specific areas.

Tanglewood are a small group of voluntary workers who help transform the lives of their members by providing numerous social and sporting activities for people with learning difficulties. Some of their members spent the afternoon at SJP recently as Hendon's special guests at the recent game against Harrow Borough

Kick it Out tackle racism and discrimination in football. Now in their 25th year they have helped and continue to help make sure that the game at all levels, from the Premier League right down to park football is a far better experience, more respectful

and more inclusive for all to enjoy.

CAD (Community Action on Dementia) Brent specialise in making life easier for those with dementia and offering help and support to the relatives and carers of those affected. CAD-Brent's mission is to support Brent's residents and businesses to create a dementia friendly borough which enables an improved wellbeing for people living with dementia.

Their aims and objectives have been developed through conversations with those living with dementia, their families and carers representing the diverse communities of Brent.

Contact details for readers in need of help, advice or guidance:

Tanglewood Monday Club

Tel: Geoff Havard 07799 195 556

Email: geoff.havard@mail.com

Kick it Out

Tel: 0800 169 9414

Email: info@kickitout.org

CAD-Brent

Tel 020 8208 8591

Website cad-brent.org.uk

Alternatively you can email us at SJP at info.silverjubileepark@gmail.com

All enquiries will be treated in strict confidence.



The Tanglewood Club were the first recipients of a complimentary board and some of their members are pictured left with (top row, from second left) Robert Morris, Simon Lawrence, Geoff Havard MBE (Tanglewood Club Leader), Chas Englefield (Tanglewood Management) and Peter Rogers (Harrow Borough FC Chairman).

Pic: Courtesy of Derek Beech Photography



Hendon to become a Dementia-friendly club

SJP has joined forces with Dementia Action Alliance and in partnership with Hendon FC have set out aims and objectives to become a dementia friendly club and facility in connection with CAD Brent by 2020. We are the first sports body in Brent to pledge to support CAD Brent's "Together for a Dementia Friendly Brent 2020".

CAD Brent's mission is to support Brent's residents and businesses to create a dementia friendly borough which enables an improved wellbeing for people living with dementia. Their aims and objectives have been developed through conversations with those living with dementia, their families and carers representing the diverse communities of Brent.

Community Garden to be officially opened on Wednesday 10th October

The Grand Opening of our Community Garden which is a project in partnership with The Silver Jubilee Park Residents

Association and believed to be a unique feature at the side of a senior club's football pitch, will take place on World Mental Health Day, Wednesday 10th October. Part of the day at SJP will include a choir, music group and poetry.

Edgware Town FC donate Season Tickets

Edgware Town FC have generously donated 10 season tickets to BWW Mind (Brent, Wandsworth and Westminster Mind), 3 of which will be used by members from the support service Walm Lane, a project for six service users and is a dual diagnosis service which is high support.



Edgware Town and SJP and Kick it Out team up on Non-League Day

Working with Kick it Out SJP and Edgware Town are organising a small children's tournament on National Non-League Day, Saturday 13 October. Our primary aim is to celebrate the diversity in Brent and to encourage young people to play sport in a welcoming and safe environment whilst encouraging integration and social cohesion.



Email: info.silverjubileepark@gmail.com

Up to the minute fixtures featuring Hendon and Edgware Town's games at SJP can be found at www.hendonfc.net and www.edgwaretownfc.co.uk

